



1. Disability Discrimination Legislation

- since 2 December 1996 it has been unlawful for sports clubs to treat disabled people less favourably for a reason related to their disability;
- since 1 October 1999 sports clubs have had to make “reasonable adjustments” for disabled people, such as providing extra help or making changes to the way they provide their services; and
- from 1 October 2004 sports clubs may have to make other “reasonable adjustments” in relation to the physical features of their premises to overcome physical barriers to access.

Research shows that disabled people are less likely to take part in sport and physical activity. This can be for a variety of reasons. Most importantly disabled people in the same research, carried out by Sport England in 2000 and 2001, identified that disabled people want to be physically active and healthy by having more opportunities to take part in sport. Recently, legislation and regulations concerning the needs of people with disabilities has changed. The most significant in terms of sports clubs are the Disability Discrimination Act (DDA) and Part M of the Building Regulations. Many clubs are either not aware of these changes or do not believe that they are relevant to them. For most sports clubs there will be implications and for many they will be very significant, requiring plans to be put in place to ensure adequate access is provided for disabled users/members in the future. This information note is designed to bring your attention to these changes and to encourage you to consider how your club can make the services it provides more accessible to everyone, whilst at the same time helping you to meet some of your legal obligations.

2. How can your club make “reasonable adjustments” to include disabled people?

There are a number of areas that your club can address in order to include disabled people. These are a few to get you started:

- **Talk to disabled people** By consulting with and working with disabled people on an ongoing basis your club can start to consider areas of club operation and activity that may need to change.
- **Establish how accessible your club facilities are** By carrying out an access audit your club can start to plan for any physical changes that may be required. Information on how to do this is shown in the Sport England Access for Disabled People Guidance Note detailed in the further information section.

- **Consider how your club currently promotes its activities** Does your club produce promotional material that disabled people can access? Alternative formats including, such as large print, audio and electronic formats may be appropriate to ensure that a range of disabled people can access information on your club. You will also need to consider where club activities are promoted – are disabled people likely to have access to it?
- **Increase the knowledge of key club officials, volunteers and coaches** By providing training in the areas of coaching and club development. Information on local training opportunities is available from your County Sports Partnership or national governing body.
- **Club Policy** It is important to ensure that the club's constitution and any related club policies reflect the inclusive approach that needs to be adopted. The Sport England a Club for All document contains a sample policy.

3. Why is including disabled people good for your club?

- Attracts new members to your club, including potential elite performers
- Increases the number of potential administrators, leaders, participants and coaches for your club
- Provides more revenue/income for your club from wider membership
- Gives your club a positive public image as an organised, fair and forward thinking club.
- Provides robust evidence which can support funding applications
- Attracts new partner organisations to your club including groups and organisations you may never have worked with previously
- Ensures that your club complies with the law.

4. The Disability Discrimination Act 1995

It is a legal requirement for sports clubs to comply with their responsibilities under the DDA; those clubs that fully embrace the spirit of the DDA, to bring about a more open and equitable approach will reap the benefits; those sports clubs that continue to ignore the requirements are likely to decline in the long term and could face the risk of legal action. The DDA expects clubs, to anticipate the needs of disabled people to ensure that they are treated equally to everyone else and that they will have access to services, facilities etc on an equal basis.

Sport and sports facilities are in many cases covered by the Act. Unlike Part M of the Building Regulations there is no specific test or approval to demonstrate that the requirements of the Act have been met and therefore you should seek expert advice from an Access Consultant or Solicitor for detailed legal advice on the implications for your club. The National Register of Access consultants is shown in the further information section of this note. From October this year sports clubs covered by the Act will be required to make 'reasonable adjustments' to the physical features of a facility to overcome any physical barriers to access, for example providing a ramped approach. Detailed guidance on the management implications of the Act is available from the Disability Rights Commission (see where you can get more help section). It is anticipated that the scope of the Act will be widened further in the next few years and therefore, it is in your interest to address these

issues now. Part M of the Building Regulations has just changed and will have a significant impact in the future on new, modernized and existing sports facilities. Part M requires that all buildings are made accessible not just for disabled people, but for all members of society, for example older people or parents pushing buggies etc. The Regulations require that, not only can disabled people enter and move around a facility, they should also be able to use the facility like everyone else, for example by using the changing facilities prior to say playing tennis or to be able to listen and take part in a coaching seminar by using a hearing loop that is available on site. For detailed guidance on the design of sports facilities Part M refers to the Sport England guidance note 'Access for Disabled People', (see further information section).

5. Where you can get more help.

The English Federation of Disability Sport - www.efds.co.uk The umbrella organisation which co-ordinates and develops sport for disabled people in England English Federation Of Disability Sport

Manchester Metropolitan University Alsager Campus Hassall Road Alsager Stoke on Trent ST7 2HL General Number 0161 247 5294 Fax Number 0161 247 6895 Minicom Number 0161 247 5644 Email federation@efds.co.uk

Sport England – www.sportengland.org The organisation that provides strategic lead for sport in England. 3rd Floor Victoria House Bloomsbury Square London WC1B 4SE Tel 08458 508 508 Monday-Friday, 8am to 6pm Fax: 020 7383 5740 Email: info@sportengland.org

http://www.sportengland.org/index/get_resources/disability_discrimination_legislation.htm

Disability Rights Commission-www.drc-gb.org

The Disability Rights Commission (DRC) is an independent body established in April 2000 by Act of Parliament to stop discrimination and promote equality of opportunity for disabled people. FREEPOST MID02164

Stratford upon Avon CV37 9BR Telephone: 08457 622 633 Text phone: 08457 622 644 Fax: 08457 778 878

National Register of Access Consultants-www.nrac.org.uk

The NRAC provides details of accredited individuals free of charge to clients. The NRAC comprises appropriately qualified and experienced access consultants and auditors who have demonstrated their expertise in access matters to the satisfaction of the NRAC's Admissions Panel.

70 South Lambeth Road, London SW8 1RL Tel: 020 7735 7845

text phone: 020 7840 0125 fax: 020 7840 5811 email: info@nrac.org.uk

The Centre for Accessible Environments-www.cae.org.uk

The Centre for Accessible Environments (CAE) is an information provider and a forum for collaborative dialogue between providers and users on how the built environment can best be made or modified to achieve inclusion by design.

Centre for Accessible Environments 70 South Lambeth Road London SW8 1RL UK

Tel/textphone:(+44) 020 7840 0125 Fax:(+44) 020 7840 5811 email:

info@cae.org.uk

The Central Council of Physical Recreation-www.ccpr.org.uk Is the umbrella organisation for the national governing and representative bodies

of sport and recreation in the UK Francis House
Francis Street London SW1P 1DE phone **020 7854 8500** fax **020 7854 8501**
or email info@ccpr.org.uk

Resources / Further Information From Sport England Access
for Disabled People Guidance Note - www.sportengland.org/disabled.pdf
Sport & recreation for People with Disabilities www.sportengland.org/disabilit_booklet.pdf Access Audit Sheets-
www.sportengland.org/audit-sheets.pdf Young People and Adult surveys on
sports participation-
www.sportengland.org/adult_disability_headline_findings.pdf &
www.sportengland.org/disability_young_people.pdf. Running Sport Workshop
– ‘A Club for All’ - Available through Coachwise. Tel:0113 201 5555 Club
Health Check – London Sports Forum for Disabled People Tel: 0207 354
8666

Disability Discrimination Act 1995 Code of Practice on Rights of Access,
Goods, Facilities and Services. www.drc.gov.uk. Tel: 08457 622 633

Disclaimer of liability

The information on these pages is provided free and for information only. Whilst believed to be correct, it is in no way comprehensive and is not intended to be relied on as formal legal advice. You should not act or rely on this information without seeking professional advice from a lawyer or organisations like the Disability Rights Commission. No liability is accepted therefore for any errors, or for any losses that may be incurred if it is relied on.