



## Code of Conduct for Away Trips

This Code is specifically aimed at "away" trips where travel and accommodation are required, and is in addition to the general Code for Swimmers.

- Consumption of alcohol is totally forbidden for swimmers under age as defined by UK law. In other cases, it must not be consumed by swimmers or staff members whilst en route, prior to or following a competition event, training session or team activities, without specific consent of the Coach.
- Smoking is prohibited by swimmers and staff whilst en route, prior to or during a competition event or training session. Use of illegal drugs at any time by swimmers or team staff is prohibited.
- Personal appearance: should be appropriate for the circumstances and as recommended by the Coach. Team kit and equipment shall be worn as directed by the Coach when competing and training, when assembling or travelling and at official team functions.
- Attendance at all activities is expected unless agreed by the Coach. Throughout the duration of the trip, swimmers should inform staff of their whereabouts.
- Punctuality on all occasions is essential and any curfew must be observed. Accommodation at hotels or equivalent must be as directed by the Club staff and at no times must any other person be accommodated in swimmers' rooms.
- Medication: It is important that information on all medication being currently taken should be reported to the Coach. Allergies to any medication must be reported to the Coach.