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Top Spot in County Champs for Meghan Byrne

26th March 2012. We are proud to confirm that 11 year-old **Meghan Byrne** has emerged as a clear age group winner at the recent **Middlesex County Championships** , winning medals in all of her individual events.



Meghan participated in a total of 18 races over the three weekends of the competition, in 14 of which she proved to be the dominant force winning Gold (50m, 100m, 200m, 400m and 800m Freestyle; 100m, 200m and 400m IM; 50m, 100m and 200m Breaststroke; 100m and 200m Backstroke and 100m Butterfly). She further took Silver in the 50m Butterfly, Bronze in 50m Backstroke as well as 200m Butterfly, and helped the ESS team of 11 year-old girls achieve a second place and a Silver medal in their Freestyle relay. Meghan is by far the strongest contender in the County for the prestigious **Wilkinson Sword** to be awarded to the 11 and under girl having gained the most points during the course of the competition, as soon as points will officially have been confirmed.

Our young champion currently occupies the **top spot in the London Region rankings** and is amongst the top 5 performers nationally for all her freestyle events.

Middlesex County Champs – Day 6

25th March 2012. Swimmers performed well on the last day of the Championships: 11 year-old **Meghan Byrne** took four Gold medals today alone (100m IM, 200m Backstroke, 400m IM and 200m Breaststroke). **Harry Jenner** also came away with Gold for his 100m Freestyle this afternoon. **Megan Molloy** was our Silver medalist of the day, coming second in the 100m Individual Medley. Congratulations also to our Bronze medalists: Both **Charlotte Newman** and **Josh Kirlew** took Bronze for the 100m Freestyle events in their age groups. **Megan Holder** also made a third place (200m Breaststroke), winning another Bronze medal. Well done to all!



Congratulations to all our swimmers who have shown us some fantastic performances throughout the Middlesex County Championships. Enfield Swim Squad had a strong presence at all events and has come away from the competition with numerous PBs, finalists, medals, national times and some strong age group performances. We look forward to the announcement of final results for age group placings and BAGCAT awards, as well as the Wilkinson Swords winners.

Team Comes Second in The Essex League - Round Three

24th March. Congratulations to our Essex League Team who achieved a fantastic second place in Round 3 in Colchester tonight. Well done to all participants!



Middlesex County Champs - Day 5



24th March. ESS had yet another exciting day at the Middlesex County Championships. Plenty of PBs were swum again by our swimmers who seemed to benefit from an extra supply of energy provided by the spring sunshine.

Ryan McCarthy was the first medalist of the day winning Bronze in the 200m Backstroke event. **Harry Jenner**

followed taking Silver for his 100m Individual Medley. Following the boys were our 100m Freestyle BAGCAT girls: **Meghan Byrne**, **Jessie Montague** and **Mia Hawkes** all won Gold in their age groups (11, 12 and 13), while **Lena Soulas** came away with the Bronze medal.

The afternoon session was equally fruitful: Our Gold medalists were 11 year-old **Meghan Byrne** (200m Freestyle), 16 year-old **Harry Jenner** (100m Butterfly) and 14 year-old **Elliot Bertram** (200m Breaststroke). **Megan Molloy** achieved a fantastic second place in the 200m Freestyle event, while **Charlotte Newman** was also successful taking Bronze for her 100m Individual Medley.

Special congratulations must go to **Mia Hawkes** and **Lena Soulas** who both achieved the **National Qualifying Time** for 13-year-old girls in the 100m Freestyle event today.

Enfield Celebrating Sports Awards 2012

"Celebrating Sports Awards in Enfield" is held by Enfield Council every year in order to celebrate sporting excellence in the community. 2012 has seen two

nominees and award winners from the Enfield Swim Squad: **Richard McGonegle**, ESS committee member and longstanding poolside official, received an award confirming him as "**Highly Commended Adult Volunteer of the Year**". Richard has been a local swimming volunteer for many years and puts an incredible amount of voluntary working hours into helping our Club and its swimmers both behind his desk and on poolside. Unfortunately, Richard was unable to collect his award in person, as he was busy volunteering on poolside during the ceremony...



The second award winner is **Lena Soulas** who had been nominated by the PE department of her school for the Mayor's "**Young Sports Performer of the Year**" award, both based on her achievements in school sports as well as her swimming, having recently competed in the Olympic Trials at Stratford. She was subsequently selected by the panel as one of the final nominees and as such received her award from the Mayor of Enfield at the Awards Ceremony at Lea Valley Sports College on 20th March. Congratulations Richard and Lena!

Middlesex County Champs - Day 4

18th March. Spectators saw some outstanding swims by ESS swimmers on the fourth day of the Middlesex County Champs. Congratulations to all participants who set new PBs!

Special congratulations must go to our medal winners: 9 year-old **Megan Molloy** was the first Gold medal winner of the day in the 200m Butterfly,



beating her competition by a comfortable margin of over 10 seconds. [Maya Kirlew](#) and [Meghan Byrne](#) both took Bronze for the same event and Maya joined Meghan as an additional club record holder for 10 year-old girls, swimming the same time Meghan swam as a ten year-old. [Meghan Byrne](#) proceeded to add another two Gold medals to her BAGCATs collection later on in the day (400m Freestyle and 100m Breaststroke). [Matthew Bayliss](#) was our Silver medal winner of the day for 200m Individual Medley. Further Bronze medals were taken by [Megan Holder](#) (200m IM), [Mia Hawkes](#) and [Jessie Montague](#) (both 200m Freestyle), [Ryan McCarthy](#) (100m Backstroke), [Josh Kirlew](#) and [Elliot Bertam](#) (both 200m Freestyle) and [Charlotte Newman](#) (100m Backstroke).

Well done, ESS swimmers!

Middlesex County Champs - Day 3

17th March. ESS swimmers have had another excellent day at the Middlesex County Championships. The club was well represented in all events and many of our swimmers reached 100m sprint finals. Our younger swimmers swam a great number of PBs yet again. Medalist of the day was triple Gold winner [Meghan Byrne](#) (100m Butterfly, 200m Individual Medley and 100m Backstroke). [Mia Hawkes](#) took Silver for 100m Backstroke, while [Harry Jenner](#) also won Silver for 200m Freestyle and [Megan Molloy](#) was a Silver medalist in the 200m IM. [Elliot Bertram](#) came away with a Bronze medal for 400m Freestyle. Congratulations to all! We look forward to another exciting day of racing tomorrow.



BG Swimming Championships 2012



Congratulations to [Mia Hawkes](#) and [Lena Soulas](#) who participated in the BG British Championships 2012 (Olympic Trials) at the Aquatic Centre in Stratford today, 9th March. Both girls had qualified for the 50m Freestyle event earlier in the season and set new PBs in the Olympic Pool today. Thank you to coach Barry Thomas and well done girls!

De Columbiaan Visit



We are pleased to announce that top Swimming Club from the Netherlands, De Columbiaan, will be visiting Enfield in October 2012. We have some joint swim training planned plus a competition. Keep an eye on the website for further details.

LBESA 50m Sprints & 100m IM Borough Champs

The LBESA 50/100 meet on Sunday, 4th March, saw a fantastic turnout by our swimmers. The ESS medal haul was huge and many PBs were swum, particularly by our enthusiastic younger swimmers. The gallery was packed and spectators were able to enjoy a fast-paced gala. [Congratulations to all our medal winners!](#)

Report on website.